

## **SOCIAL WELL-BEING Committee**

**Mission Statement:** To bring together the SFV and the broader community through a variety of engaging, diverse, fun, meaningful and inclusive activities that will stimulate the mind, body and spirit.

### **Objectives:**

1. Develop an online and paper calendar of all well-being events and regularly promote its availability by the end of 2012.
2. Affirm the current SFV Restock Drive and determine how to position it in the wider well-being effort, and promote it as such beginning in 2013.
3. Establish a well-being incentive program that promotes and rewards healthy living and community stewardship by the end of 2012 for introduction, promotion, and operation in 2013.
4. Building on LU's Health Fair, expand to total Village and surrounding community. Invite local health-related groups to come and display, provide services, provide education, etc.
5. Plan and conduct at least six regular/seasonal intergenerational activities that will begin in 2013 (dances, concerts, family outings, book clubs, walking groups, picnics) to promote friendship, mentoring, and social and physical well-being among the generations.